

Safety Rules of Mountain-climbing

1. Don't follow the guide who is without responsibility and experience.
2. Don't join the climbing group for a long trip, if the amount of beginners is over a third of group.
3. Don't let any member, who has no responsibility and doesn't know well about the plan and activity in the mountain area, to stay as a security.
4. The schedule and plan must be complete and be known well by every members of group.
5. Have climbing skills and fitness training in usual days, and read some professional books and magazines. Absorb in outdoors knowledge anytime.
6. Complete equipments and full food will be necessary need for mountain climbing.
7. Better have health check before starting the trip, especially for the middle-age or old men who are sport less.
8. From the beginning and the end of the activity, must report the track to family, security guides and police officers anytime.
9. Should take note of the change of meteorology, no matter go into mountain area or before the activity.
10. Never lose the carefulness while climbing every mountain.
11. The distance of climbing groups can't be too far, but stay at the good situation for keeping contact all the time.
12. While lost the direction, must go back to the original place or find an emergency shuttle for help for keeping body energy.
13. Never climb in the mountain valley without road and go down along the stream without obvious path in the deep of the valley. It will be easy to fall for the climbers who are not familiar with the mountain and don't have good skills, because the landforms of mountain stream is getting steep. Therefore, marking along the tracks or following the flags were left by previous climbers, is the best way for identify the direction while mountain-climbing.
14. Never gulp down water, or sweating will be increased, which cause tiredness easily. Besides, the speeding and breath have to be adjusted all the time.
15. Full the pitcher all the time while climbing.
16. Take more break is available while mountain-climbing with shorter time, in case catching a cold.
17. Never get wet for keeping body warm.
18. Maintain body temperature is the major point while facing dangerous or pressure, and have to notice the mental change of self or groups and keep balance of mood.
19. Never drop cigarette butt and put out the camp fire before leaving, while having activity in the mountains.
20. Serious holding the review conference after activity is necessary for keeping self and others' climbing safety in the future.
21. Need to prepare the back up of the far distance wireless telephone system, includes base station, cell phones, spare batteries...etc.
22. Once meet the emergency, contact with "campus safety center" (open in day and night).
Tel: 886-6-2050354, 886-6-2727175~235.
Or contact school security
Tel: 886-6-2050445, 886-6-2727175~247.